In this sample, the biblatex-apa package is used.

Book Oualline (2001) wrote a book about Vim.

Google scholar For some women, doing exercises is good for their health. (Asikainen, Kukkonen-Harjula, & Miilunpalo, 2004)

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Asikainen, T.-M., Kukkonen-Harjula, K., & Miilunpalo, S. (2004). Exercise for health for early postmenopausal women. Sports medicine, 34(11), 753-778

Oualline, S. (2001). Vim IMproved—Vim. New Riders Publishing.